



## MiCR 2025 Fall Meeting Agenda

Thursday, November 13, 2025, 10:00 am – 3:30 pm

Location: Qazi Auditorium, Corewell Health Troy, Troy, MI

<i>Time</i>	<i>Topic</i>	<i>Presenter(s)</i>
9:00 – 10:00 am	<b>Check-in &amp; Networking Breakfast</b>	
10:00 am (15 min)	<b>Welcome, Program Updates, Strategic Plan overview</b>	<b>Mike Thompson, PhD, MPH</b> Co-Director, MiCR Senior Advisor, MVC  <b>Jessica Golbus, MD, MS</b> BMC2 Clinical Physician Champion
10:15 (10 Min)	<b>Heart to Heart Update &amp; Recruitment</b>	<b>Noa Kim, MSI &amp; Larrea Young, MDes</b> Healthy Behavior Optimization for Michigan (HBOM)
10:25 pm (25 min)	<b>Leveraging National CR QI Efforts, Updates and Next Steps</b>	<b>Megan Gross, MPH, CHES, ACSM-CEP, EIM</b> Clinical Exercise Physiologist Holland Hospital,
10:50 am (15 min)	<b>15-Minute Break</b>	
11:05 am (25 min)	<b>Basic Exercise Physiology: Understanding the Physiologic and Clinical Significance of Metabolic Equivalentents (METs)</b>	<b>Barry Franklin, PhD</b> Director (Emeritus), Preventive Cardiology and Cardiac Rehabilitation, Corewell Health East

11:30 am (20 min)	<b>Bridging Teams: Sustaining Cardiac Rehab Through Health System Integration</b>	<b>Brett Reynolds, MPH, ACSM CEP,</b> Supervisor of Cardiology, Corewell Health East  <b>Cindy Haskin-Popp, M.S., CEP</b> Manager, Cardiology Corewell Health East
11:50 am (45 Min)	<b>Lunch &amp; Networking</b>	
12:40 pm (45 min)	<b>Medication Management Breakout Sessions</b>	<b>Group-led activity</b>
1:25 pm (10 min)	<b>10-Minute Break</b>	
1:35 pm (25 min)	<b>Unblinded Data Presentation: Rethinking Completion in Cardiac Rehab</b>	<b>Mike Thompson</b>  <b>Emily Woltmann, PhD, MSW</b> Project Manager, MVC
2:00 pm (30 min)	<b>Behind the Numbers Panel: Site Strategies for Session Count and Completion in CR</b>	<b>Amy Poindexter, BS, CEP</b> Trinity Ann Arbor  <b>Amber Steele, ACSM-CEP</b> McLaren Bay Region  <b>David Running, BS, CEP</b> UM Health West
2:30 pm (10 min)	<b>10-Minute Break</b>	
2:40pm (45 min)	<b>Keynote Speaker</b>	<b>Stacey Greenway, MS, MPH</b> AACVPR President
3:25 pm (5 min)	<b>Conclusion &amp; Next steps</b>	<b>Mike Thompson and Jessica Golbus</b>
3:30 pm	<b>Meeting adjourned - See you in the Spring!</b>	