Share a story or message about cardiac rehab!

Bouncing back after heart surgery or a heart attack takes determination, grit, and support. Doing cardiac rehab can make all the difference, but not all patients who would benefit participate.

We want to encourage more patients to give cardiac rehab a try!

We send personalized greeting cards with messages of support to patients who may be on the fence about cardiac rehab. And we need your help! We are collecting drawings, photos, memories, and encouraging stories from current and past rehab participants like you! Your story—your success and challenges in rehab—could save a life and allow someone to adopt a new lease on life after having a major health scare.

Use the space below to draw, write, or otherwise share your message about cardiac rehab.

Name:
Email:
Do you want your name printed on the card?
☐ Yes ☐ No
Submit your design by giving it to a member of your rehab facility or taking a picture and emailing it t